

7 岁以下男童身高（长）标准值（cm）

年龄	月龄	-3SD	-2SD	-1SD	中位数	+1SD	+2SD	+3SD
出生	0	45.2	46.9	48.6	50.4	52.2	54	55.8
	1	48.7	50.7	52.7	54.8	56.9	59	61.2
	2	52.2	54.3	56.5	58.7	61	63.3	65.7
	3	55.3	57.5	59.7	62	64.3	66.6	69
	4	57.9	60.1	62.3	64.6	66.9	69.3	71.7
	5	59.9	62.1	64.4	66.7	69.1	71.5	73.9
	6	61.4	63.7	66	68.4	70.8	73.3	75.8
	7	62.7	65	67.4	69.8	72.3	74.8	77.4
	8	63.9	66.3	68.7	71.2	73.7	76.3	78.9
	9	65.2	67.6	70.1	72.6	75.2	77.8	80.5
	10	66.4	68.9	71.4	74	76.6	79.3	82.1
1岁	11	67.5	70.1	72.7	75.3	78	80.8	83.6
	12	68.6	71.2	73.8	76.5	79.3	82.1	85
	15	71.2	74	76.9	79.8	82.8	85.8	88.9
2岁	18	73.6	76.6	79.6	82.7	85.8	89.1	92.4
	21	76	79.1	82.3	85.6	89	92.4	95.9
	24	78.3	81.6	85.1	88.5	92.1	95.8	99.5
	27	80.5	83.9	87.5	91.1	94.8	98.6	102.5
	30	82.4	85.9	89.6	93.3	97.1	101	105
	33	84.4	88	91.6	95.4	99.3	103.2	107.2
3岁	36	86.3	90	93.7	97.5	101.4	105.3	109.4
	39	87.5	91.2	94.9	98.8	102.7	106.7	110.7
	42	89.3	93	96.7	100.6	104.5	108.6	112.7
4岁	45	90.9	94.6	98.5	102.4	106.4	110.4	114.6
	48	92.5	96.3	100.2	104.1	108.2	112.3	116.5
	51	94	97.9	101.9	105.9	110	114.2	118.5
	54	95.6	99.5	103.6	107.7	111.9	116.2	120.6
5岁	57	97.1	101.1	105.3	109.5	113.8	118.2	122.6
	60	98.7	102.8	107	111.3	115.7	120.1	124.7
	63	100.2	104.4	108.7	113	117.5	122	126.7
	66	101.6	105.9	110.2	114.7	119.2	123.8	128.6
	69	103	107.3	111.7	116.3	120.9	125.6	130.4
6岁	72	104.1	108.6	113.1	117.7	122.4	127.2	132.1
	75	105.3	109.8	114.4	119.2	124	128.8	133.8
	78	106.5	111.1	115.8	120.7	125.6	130.5	135.6
	81	107.9	112.6	117.4	122.3	127.3	132.4	137.6

注：表中3岁前为身长，3岁及3岁后为身高

7岁以下女童身高（长）标准值（cm）

年龄	月龄	-3SD	-2SD	-1SD	中位数	+1SD	+2SD	+3SD
出生	0	44.7	46.4	48	49.7	51.4	53.2	55
	1	47.9	49.8	51.7	53.7	55.7	57.8	59.9
	2	51.1	53.2	55.3	57.4	59.6	61.8	64.1
	3	54.2	56.3	58.4	60.6	62.8	65.1	67.5
	4	56.7	58.8	61	63.1	65.4	67.7	70
	5	58.6	60.8	62.9	65.2	67.4	69.8	72.1
	6	60.1	62.3	64.5	66.8	69.1	71.5	74
	7	61.3	63.6	65.9	68.2	70.6	73.1	75.6
	8	62.5	64.8	67.2	69.6	72.1	74.7	77.3
	9	63.7	66.1	68.5	71	73.6	76.2	78.9
1岁	10	64.9	67.3	69.8	72.4	75	77.7	80.5
	11	66.1	68.6	71.1	73.7	76.4	79.2	82
	12	67.2	69.7	72.3	75	77.7	80.5	83.4
	15	70.2	72.9	75.6	78.5	81.4	84.3	87.4
	18	72.8	75.6	78.5	81.5	84.6	87.7	91
2岁	21	75.1	78.1	81.2	84.4	87.7	91.1	94.5
	24	77.3	80.5	83.8	87.2	90.7	94.3	98
	27	79.3	82.7	86.2	89.8	93.5	97.3	101.2
	30	81.4	84.8	88.4	92.1	95.9	99.8	103.8
	33	83.4	86.9	90.5	94.3	98.1	102	106.1
3岁	36	85.4	88.9	92.5	96.3	100.1	104.1	108.1
	39	86.6	90.1	93.8	97.5	101.4	105.4	109.4
	42	88.4	91.9	95.6	99.4	103.3	107.2	111.3
	45	90.1	93.7	97.4	101.2	105.1	109.2	113.3
4岁	48	91.7	95.4	99.2	103.1	107	111.1	115.3
	51	93.2	97	100.9	104.9	109	113.1	117.4
	54	94.8	98.7	102.7	106.7	110.9	115.2	119.5
	57	96.4	100.3	104.4	108.5	112.8	117.1	121.6
5岁	60	97.8	101.8	106	110.2	114.5	118.9	123.4
	63	99.3	103.4	107.6	111.9	116.2	120.7	125.3
	66	100.7	104.9	109.2	113.5	118	122.6	127.2
6岁	69	102	106.3	110.7	115.2	119.7	124.4	129.1
	72	103.2	107.6	112	116.6	121.2	126	130.8
	75	104.4	108.8	113.4	118	122.7	127.6	132.5
	78	105.5	110.1	114.7	119.4	124.3	129.2	134.2
	81	106.7	111.4	116.1	121	125.9	130.9	136.1

注：表中3岁前为身长，3岁及3岁后为身高

7 岁以下男童体重标准值 (kg)

年龄	月龄	-3SD	-2SD	-1SD	中位数	+1SD	+2SD	+3SD
出生	0	2.26	2.58	2.93	3.32	3.73	4.18	4.66
	1	3.09	3.52	3.99	4.51	5.07	5.67	6.33
	2	3.94	4.47	5.05	5.68	6.38	7.14	7.97
	3	4.69	5.29	5.97	6.7	7.51	8.4	9.37
	4	5.25	5.91	6.64	7.45	8.34	9.32	10.39
	5	5.66	6.36	7.14	8	8.95	9.99	11.15
	6	5.97	6.7	7.51	8.41	9.41	10.5	11.72
	7	6.24	6.99	7.83	8.76	9.79	10.93	12.2
	8	6.46	7.23	8.09	9.05	10.11	11.29	12.6
	9	6.67	7.46	8.35	9.33	10.42	11.64	12.99
	10	6.86	7.67	8.58	9.58	10.71	11.95	13.34
1岁	11	7.04	7.87	8.8	9.83	10.98	12.26	13.68
	12	7.21	8.06	9	10.05	11.23	12.54	14
	15	7.68	8.57	9.57	10.68	11.93	13.32	14.88
	18	8.13	9.07	10.12	11.29	12.61	14.09	15.75
	21	8.61	9.59	10.69	11.93	13.33	14.9	16.66
2岁	24	9.06	10.09	11.24	12.54	14.01	15.67	17.54
	27	9.47	10.54	11.75	13.11	14.64	16.38	18.36
	30	9.86	10.97	12.22	13.64	15.24	17.06	19.13
	33	10.24	11.39	12.68	14.15	15.82	17.72	19.89
3岁	36	10.61	11.79	13.13	14.65	16.39	18.37	20.64
	39	10.97	12.19	13.57	15.15	16.95	19.02	21.39
	42	11.31	12.57	14	15.63	17.5	19.65	22.13
	45	11.66	12.96	14.44	16.13	18.07	20.32	22.91
4岁	48	12.01	13.35	14.88	16.64	18.67	21.01	23.73
	51	12.37	13.76	15.35	17.18	19.3	21.76	24.63
	54	12.74	14.18	15.84	17.75	19.98	22.57	25.61
	57	13.12	14.61	16.34	18.35	20.69	23.43	26.68
5岁	60	13.5	15.06	16.87	18.98	21.46	24.38	27.85
	63	13.86	15.48	17.38	19.6	22.21	25.32	29.04
	66	14.18	15.87	17.85	20.18	22.94	26.24	30.22
	69	14.48	16.24	18.31	20.75	23.66	27.17	31.43
6岁	72	14.74	16.56	18.71	21.26	24.32	28.03	32.57
	75	15.01	16.9	19.14	21.82	25.06	29.01	33.89
	78	15.3	17.27	19.62	22.45	25.89	30.13	35.41
	81	15.66	17.73	20.22	23.24	26.95	31.56	37.39

7岁以下女童体重标准值 (kg)

年龄	月龄	-3SD	-2SD	-1SD	中位数	+1SD	+2SD	+3SD
出生	0	2.26	2.54	2.85	3.21	3.63	4.1	4.65
	1	2.98	3.33	3.74	4.2	4.74	5.35	6.05
	2	3.72	4.15	4.65	5.21	5.86	6.6	7.46
	3	4.4	4.9	5.47	6.13	6.87	7.73	8.71
	4	4.93	5.48	6.11	6.83	7.65	8.59	9.66
	5	5.33	5.92	6.59	7.36	8.23	9.23	10.38
	6	5.64	6.26	6.96	7.77	8.68	9.73	10.93
	7	5.9	6.55	7.28	8.11	9.06	10.15	11.4
	8	6.13	6.79	7.55	8.41	9.39	10.51	11.8
	9	6.34	7.03	7.81	8.69	9.7	10.86	12.18
	10	6.53	7.23	8.03	8.94	9.98	11.16	12.52
1岁	11	6.71	7.43	8.25	9.18	10.24	11.46	12.85
	12	6.87	7.61	8.45	9.4	10.48	11.73	13.15
	15	7.34	8.12	9.01	10.02	11.18	12.5	14.02
	18	7.79	8.63	9.57	10.65	11.88	13.29	14.9
	21	8.26	9.15	10.15	11.3	12.61	14.12	15.85
2岁	24	8.7	9.64	10.7	11.92	13.31	14.92	16.77
	27	9.1	10.09	11.21	12.5	13.97	15.67	17.63
	30	9.48	10.52	11.7	13.05	14.6	16.39	18.47
	33	9.86	10.94	12.18	13.59	15.22	17.11	19.29
3岁	36	10.23	11.36	12.65	14.13	15.83	17.81	20.1
	39	10.6	11.77	13.11	14.65	16.43	18.5	20.9
	42	10.95	12.16	13.55	15.16	17.01	19.17	21.69
	45	11.29	12.55	14	15.67	17.6	19.85	22.49
	48	11.62	12.93	14.44	16.17	18.19	20.54	23.3
4岁	51	11.96	13.32	14.88	16.69	18.79	21.25	24.14
	54	12.3	13.71	15.33	17.22	19.42	22	25.04
	57	12.62	14.08	15.78	17.75	20.05	22.75	25.96
	60	12.93	14.44	16.2	18.26	20.66	23.5	26.87
	63	13.23	14.8	16.64	18.78	21.3	24.28	27.84
5岁	66	13.54	15.18	17.09	19.33	21.98	25.12	28.89
	69	13.84	15.54	17.53	19.88	22.65	25.96	29.95
	72	14.11	15.87	17.94	20.37	23.27	26.74	30.94
	75	14.38	16.21	18.35	20.89	23.92	27.57	32
	78	14.66	16.55	18.78	21.44	24.61	28.46	33.14
6岁	81	14.96	16.92	19.25	22.03	25.37	29.42	34.4

说明：“中位数”，表示处于人群的平均水平；如果在“-1sd~中位数~+1sd”

即：中位数上下一个标准差范围之内，属于“正常范围”，代表了68%的儿童；如果在“(-2sd~-1sd)或者(+1sd~+2sd)”

即：中位数上下两个标准差范围之内，则定义为“偏矮(高)”，代表了27.4%的儿童；如果在“(-3sd~-2sd)或者(+2sd~+3sd)”

即：中位数上下三个标准差之内，则定义为“矮(高)”，代表了4.6%的儿童。

极少儿童在三个标准差(<-3sd>+3sd)之外(比例小于0.5%)。